

## 2023 Letter to the Editor - Hunger Free Schools

### **Hunger Free Schools:**

As a person of faith, I want everyone to receive *their daily bread*. As Ohioans, we must guarantee that every child has enough food to eat each day. With 1 in 6 children in Ohio experiencing hunger, we must make this a top priority. The Ohio legislature can do something by expanding school meals. Well-nourished minds prepare children to learn better, remain focused, and are better behaved. Healthy School Meals for All significantly reduces the administrative work required to operate School Nutrition Programs and improve school nutrition finances. In addition, Healthy School Meals for All reduces the stigma associated with participating in school meals, which keeps children who need school meals from participating. When you have stronger, smarter, healthier kids, you have a stronger, smarter, healthier, and more economically competitive state. I encourage our State Legislative leaders to expand school meals so that all children can receive their daily bread.